



SHILDON RUNNING & ATHLETIC CLUB

www.shildonrunning.co.uk

present the

The Anne Marie Readshaw Memorial Open Track & Field Meeting

Sunday April 19th 2009

Stadium 2000 - Shildon

First Event 12.00 Noon

AGE GROUP EVENTS

U11 Girls	60m	150m		600m		Long Jump		Cricket Ball	Throw
U11 Boys	60m	150m		600m		Long Jump		Cricket Ball	Throw
U13 Girls	100m	200m		800m		Long Jump	High Jump	Shot Putt	
U13 Boys	100m	200m		800m		Long Jump	High Jump	Shot Putt	
U15 Girls	100m	200m		800m		Long Jump	High Jump	Shot Putt	
U15 Boys	100m	200m	400m	800m	3000m	Long Jump	High Jump	Shot Putt	
U17 Boys	100m	200m	400m	800m	3000m	Long Jump	High Jump	Shot Putt	
U17 Girls/Senior Ladies	100m	200m		800m	3000m	Long Jump	High Jump	Shot Putt	
Senior Men	100m	200m	400m	800m	3000m	Long Jump	High Jump	Shot Putt	

The 3000m races will be run as mixed age groups. Short Sprint events will consist of heats and final where necessary.
All events will be graded with mementos awarded to first three overall in each age group

Entry Fee £2.50 per event.

For details please call 01388 773436

Closing date for entries: Monday April 13th 2009

Number, order of events and directions to be sent out before event.

Results will be available on our web-site www.shildonrunning.co.uk

**Pulman
Volkswagen**
Durham 0191 3832555



In Association With
Shildon Town Council



Sedgefield
BOROUGH COUNCIL



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The Anne Marie Readshaw Memorial Open Track & Field Meeting

Entry Form - Please complete clearly in block letters

Name

Address

Postcode Tel.....

E-Mail

Club

Membership No..... Male/Female.....

Date Of Birth.....

Events

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I declare that I am an amateur as defined by UK Athletics Rules for competition

Signature Date.....

Age Groups

U11's are classified as under 11 on the date of the competition

All other age groups are as at 31 August 2009

Make all cheques payable to Shildon R & AC and send with entry form to:-
Competition Secretary, 12 Thickley Terrace, Shildon, Co Durham. DL4 2LJ

Closing date for entries: **Monday 13th April 2009**

Strictly NO entries on the day

Number, order of events and directions to be sent out before the event;

If you have not received your numbers by Thursday April 16th please phone 01388 773436
or e-mail: secretary@shildonrunning.co.uk



E-MAIL

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